



# CENTER

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## **SUBSTANCE ABUSE TREATMENT CENTER**

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“Substance abuse is a crisis both in West Virginia and across America. Recent information shows drug overdoses now kill more West Virginians than car accidents. Drugs are the leading cause of accidental deaths in our state, and we have the nation’s highest rate of drug deaths. Even more alarming, 9 out of 10 of our overdose deaths involve at least one prescription drug. Drug abuse in our state is a pervasive problem with tragic consequences. It shatters families and erodes our communities.”

*-Former Governor Earl Ray Tomblin*

# THE T-CENTER SOLUTION

The T-Center's mission is to provide hope through a patient centered and restorative recovery program for individuals and their families; and through research and education help to solve the crisis of substance abuse that has ravaged Appalachian communities.

The T-Center will be located on Greenbrier Street in Charleston, West Virginia in a campus environment on land donated by the Kanawha County Board of Education. Extensive physical planning has been undertaken to develop a state-of-the-art 63 bed treatment program that will include:

- Inpatient Treatment
- Intensive Outpatient Treatment
- Research Initiatives to Track Treatment Results
- Long Term Residential Facilities for Aftercare
- Substance Abuse Prevention and Education

Promoting the prevention of substance use disorders is a fundamental part of reducing the impact of substance use dependency. An important component of the T-Center is the Education program which will provide services to the community that emphasize:

- **Promotion**—Strategies designed to create positive environments and conditions that support avoidance of substance abuse and dependency and promote the ability of individuals to withstand challenges.
- **Prevention**—Interventions intended to prevent or reduce the risk of developing a substance use dependency, such as underage alcohol use, prescription drug misuse and abuse, and illicit drug use.

## THE T-CENTER DIFFERENCE

- Individualized patient centered assessments and treatment plans
- Transitional housing on campus allows for continuing treatment on an outpatient basis
- Unique referral system to other community based treatment providers
- Data collection and evaluation programs to track effectiveness of treatment protocols.

### EXHIBIT 1



MODEL OF  
TRANSITIONAL  
HOUSING

# DEVELOPMENT COSTS

Exhibit 1 provides an overview of the T-Center campus with an estimated cost of \$20.8 million. The primary facility is a 40 bed co-ed building that includes medical, treatment, and education offices. If needed, plans also include an expansion of services with the addition of a proposed 23 bed treatment center on an adjoining property. An integral part of the T-Center's treatment program is the availability of transitional housing for those interested in continuing their treatment in a sober living environment. This housing will be developed in conjunction with Jessa's Place, a residential community for adults with autism spectrum disorder.

Conceptual planning for the T-Center is complete and the project is shovel ready. Funding is being sought from public and private sector sources including government agencies, foundations, and individual and corporate donors.

| ITEM   | COST         | NOTES   |
|--|--------------|---|
| Site Preparation & Infrastructure Development        | \$2,990,865  | Includes utilities, roads, parking, curbs, lighting, sidewalks, walking trail, landscaping                      |
| Acquisition and Construction of Treatment Facilities | \$10,195,158 | Includes 40 bed and future 23 bed facilities  |
| Predevelopment Expenses                              | \$780,867    | Includes preoperational staffing, licensing, marketing, legal, administrative systems development and equipment |
| Furnishings, Fixtures & Equipment                    | \$900,000    |   |
| Working Capital                                      | \$3,000,000  | Working capital and possible debt service payments depending on fundraising                                     |
| Transitional Housing                                 | \$3,000,000  | 12 houses @ \$250,000 each; 4 people per house  |
| Total  | \$20,866,870 |   |

Source: Pray Construction, Terradon, Silling Associates, and Emerge Health Innovations

# TARGET MARKET PENETRATION

The T-Center will serve adult men and women age 18 and over suffering from either drug and/or alcohol addiction while addressing any co-occurring behavioral health issues that impact the individual's ability to successfully achieve long term recovery including to previous levels of vocational and professional functioning. Reimbursement for services will be through private pay or third party insurers.

From a geographic perspective, the T-Center is well positioned to serve the entire state of West Virginia along with a regional market. Its location at the convergence of three interstate highways, and within two miles of Yeager Airport, makes it very accessible to a multi-state region.

According to a feasibility study conducted in 2015, simply within 100 miles of the proposed T-Center location the adult at-risk population in need of treatment is approximately 90,000 with approximately 10% or 9,000 people needing T-Center level services. The statewide and regional need beyond that 100 mile radius is obviously much greater and the T-Center will serve that population as well. Patients treated along with the outpatient service units will increase as the T-Center expands.



## JESSA'S PLACE

In addition to the treatment program, Jessa's Place will be constructed on the campus. The purpose of Jessa's Place is to provide a group residential housing community for adults with autism spectrum disorder (and other developmental disabilities). A key component of Jessa's Place will be its integration with the T-Center's program. First, Jessa's Place will also include transitional and aftercare housing for patients who have completed the T-Center's treatment program. Second, Jessa's Place residents will interface with T-Center clients who may volunteer for a "Giving Voice to Autism Program," designed to allow the recovering patient the opportunity to "get out of self" and "count their blessings" by being of service to the residents of Jessa's Place. Patients enrolled in the intensive outpatient program and residing on campus in transitional living will be eligible and screened by the T-Center Clinical Director for participation. The development of Jessa's Place is being spearheaded by David and Kate Grubb, whose daughter Jessica died of an opiate overdose in March of 2016. The Grubbs also have a daughter, Emma, who is autistic. In honor of the special bond between Jessie and her sister Emma, and recognizing the benefit that recovery patients gain from being in service to others, the Grubbs are facilitating the development of this project. The goal is to build 6-10 homes, approximately half of which will be dedicated to autism residents and half to transitional housing. Each house will have three to four residents who are supported by the appropriate level of case management, as well as volunteers from the T-Center.

# GOVERNANCE AND MANAGEMENT

The T-Center is governed by a private nonprofit 501(c)(3) charitable corporation. The Board of Directors is comprised of leaders from the medical, business, and higher education system. In developing plans for the T-Center, the Board of Directors has retained Emerge Health Innovations (EHI), a leading regional behavioral health management firm to consult on various aspects of the project.

## OUR IMPACT

Drug and alcohol addiction is a growing epidemic in our country. No state has been affected more than West Virginia and no region more than Appalachia. In West Virginia alone overdose deaths have mercilessly increased by approximately 15% per year since our last feasibility study. Substance abuse is a public health issue that impacts every facet of our economy and touches families of every socio-economic class. The T-Center is the only facility in West Virginia designed from the ground up to provide evidence-based clinical programs that meet individual patient needs. With a strong management team and partnerships with key stakeholders, the T-Center will save lives and help restore communities throughout the Appalachian region. Our research-based mission also includes initiatives to educate families with the hope that prevention will ultimately reduce the need for recovery. We welcome you in joining us as we make this life saving project a reality.

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# CENTER

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[wvtcenter.org](http://wvtcenter.org)